

Dance sequence

A gesture-dance sequence

You have learned that there are three choreographic design concepts: **space**, **time** and **force**.

Part One: Choreographic devices

Place each of the following choreographic devices into the correct places in the table:

Repetition (repeat a movement/action)

Rewind (do the movement/action in reverse)

Resize (do the movement/action bigger or smaller)

Tempo (speed movement/action up or slow it down)

Rhythm (change the beat of the movement/action)

Quality (add an emotion/feeling to the movement/action)

Impact (use more or less force in the movement/action)

Change planes (change to horizontal/vertical/diagonal plane)

Change levels (change to low/medium/high)

Space	Time	Force

Part Two: A practical dance sequence

Please note that Part Three should be completed at the same time that you are developing the practical dance sequence.



Work with a partner and consider the following scenario:

- 1. A tries to catch B's attention, using a hand gesture.
- 2. B snubs A and A feels rejected.
- 3. A sulks while B feels self-satisfied.
- 4. B begins to feel uncomfortable.
- 5. B walks over to A and taps them on the shoulder and confidently waits.
- 6. A turns around. A and B realise they actually don't know each other.
- 7. End the sequence appropriately.

Try the scenario slowly, becoming familiar with the sequence of actions.

Find a piece of music that best suits the mood of the scenario.

Now begin to work at least 4 extra movements into the sequence, for example, a jump between 1 and 2, a few slides after 4, turns after 6, etc.

Now consider the choreographic devices you identified in Part One. Add at least 4 devices into the sequence, for example, allow a step movement to repeat then slow down, or resize a turn, etc.

You will perform your dance routine for the class. Consider the rubric to see how you will be assessed.



Rubric to assess dance partner sequence

Criteria	ance partner seque	Level 3	Level 2	Level 1
Movement	4 distinct	3 distinct	Less than 3	Separate
sequence is clear	movements	movements	distinct	movements
sequence is cical	incorporated	incorporated	movements	cannot be
	into the	into the	incorporated	distinguished.
	sequence.	sequence.	into the	distiliguisticu.
	sequence.	sequence.	sequence.	
Choreographic	4 choreographic	3	2 choreographic	1 choreographic
devices	devices added	choreographic	devices added	device added to
actices	to the sequence.	devices added	to the	the sequence.
	to the sequence.	to the	sequence.	the sequence.
		sequence.	sequence.	
Quality of dance	Sequence flows	Sequence flows	Sequence does	Sequence does
sequence and	well and is	and is well	not flow very	not flow at all
partnership	confidently	executed by	well and is not	and is poorly
	executed by	both partners.	well executed	executed by
	both partners.		by both	both partners.
			partners.	•
Creativity in	The partnership	The partnership	The partnership	The partnership
combining	adds greatly to	adds to the	is fairly	is not very
sequences and	the creativity of	creativity of the	creative; the	creative; the
music	the sequence;	sequence; the	dance has fair	dance has poor
	the dance has	dance has good	co-ordination,	co-ordination,
	outstanding co-	co-ordination,	musicality,	musicality,
	ordination,	musicality,	quality, style,	quality, style,
	musicality,	quality, style,	balance and	balance and
	quality, style,	balance and	control.	control.
	balance and	control.		
	control.			
Learner	Able to work	Mostly able to	Unable to work	Unable to work
discipline	independently	work	independently	independently
	as a partnership	independently	as a partnership	as a partnership
	and concentrate	as a partnership	and cannot	and is easily
	and focus on	and	focus on own	distracted from
	own	concentrate	development.	the task.
	development.	fairly well on		
		own		
		development.		
Choice of music	Creative,	A good choice	A fairly apt and	Music not very
	meaningful and	that reflects the	creative choice.	apt or
	apt.	meaning.		meaningful.

[24 marks]



Part Three: Reflecting on the creative process

Please note that Part Three should be completed at the same time that you are developing the practical dance sequence.

This is an individual written task that must be completed and handed in to your teacher for assessment when you perform your dance routine.

Reflecting on the creative process

- a. Record your initial responses to the scenario.
- b. How did you make your music choice?
- c. How did you go about creating the sequence?
- d. How did you feel throughout the process?
- e. Were you able to express yourself honestly and were you able to demonstrate your strengths?
- f. Do you feel that you were exploited or taken for granted at all during the creative process? Was it a positive democratic process or was it rather one-sided in terms of decision making?

Your teacher will use the following rubric to assess your Reflective Task:

Rubric to assess reflecting on the creative process

Criteria	4	3	2	1
Learner is able to reflect in a critical and				
honest manner.				
Learner is able to document the creative				
process in a logical manner.				
Learner is able to justify choices made and				
decisions taken.				
Learner is able to write neatly and with				
clarity.				

[16 marks]

Part Four: Peer assess your dance sequences

You will observe dance sequences produced by other groups. You and your partner are going to peer assess one other group according to the following rubric.



Rubric to peer assess a dance routine

Criteria	4	3	2	1
Group is able to express the meaning of the				
scenario effectively.				
Group is able to communicate feeling and				
emotion through movement.				
Group's choice of music is creative and				
appropriate to express meaning of scenario.				
Dance movements are well chosen and well				
executed in a polished performance.				
The dance routine was theatrically appealing				
– the item could be enjoyed by an audience.				

[20 marks]



Suggested Solutions

Question	Possible	Solution				
number	marks					
1	10	This task assesses the learner's understanding of choreographic devices and the ability to put these devices to work in a practical manner in a dance sequence. The learner's ability to reflect on the creative process is assessed in a written task. This is a vital aspect of the assessment of Performing Arts in the FET and should therefore be seen as an assessment device that bridges the gap between GET and FET. All rubrics are constructed on 4 levels to assist with overall evaluation of the learners. Learners who are scoring at level 4 should be encouraged to choose an FET subject that embraces the performing arts, such as Dance or Drama.				
		Space	Time	Force]	
		Rewind Resize Quality Change planes Change levels Learners should r	Repetition Tempo Rhythm Quality realize that 'impac' an extra mark for		ore than one	
2	24	See rubric in Appendix of Assessment Tools.				
3	16	See rubric in Appendix of Assessment Tools.				
4	20	See rubric in App	endix of Assessme	ent Tools.		



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sequence is clear movements movements distin	han 3 Separate
incorporated incorporated result	ct movements
incorporated incorporated move	ments cannot be
into the into the incor	porated distinguished.
sequence. sequence. into t	he
seque	ence.
Choreographic 4 choreographic 3 2 cho	reographic 1 choreographic
devices devices added choreographic devices	es added device added to
to the sequence. devices added to the	the sequence.
to the seque	ence.
sequence.	
	ence does Sequence does
	ow very not flow at all
	and is poorly
'	executed executed by
both partners. by bo	·
partn	
	artnership The partnership
combining adds greatly to adds to the is fair	
	ve; the creative; the
	has fair dance has poor
	dination, co-ordination,
outstanding co- co-ordination, music	
	y, style, quality, style,
	ce and balance and
quality, style, balance and contr	ol. control.
balance and control.	
control. Able to work Mostly able to Linab	le to work Unable to work
	endently independently
	partnership as a partnership
	annot and is easily
	on own distracted from
	opment. the task.
development. fairly well on	opinent. the task.
own	
development.	
·	ly apt and Music not very
, ,	ive choice. apt or
apt. meaning.	meaningful.



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