

Grade 7 Life Orientation Worksheet

Qualities of good decision makers

Every day you are faced with decisions that you need to make. Some decisions are as simple as what to have for breakfast, but other decisions are more complex, such as whether to miss a party in order to study for an exam. At times in your life you will be faced with very important decisions. That is why decision-making is an essential skill that you must learn.

There are certain qualities you may already possess that will make you a better decision-maker, but even this can be learned and practised over time. (For example, a quality of a good nurse is kindness.)

Qualities of good decision-makers:

- Able to analyse a situation
- Problem-solvers
- Patience and perseverance
- Conscientiousness and attention to detail
- Energy
- Good self-esteem
- Valuing your abilities
- Trusting your judgement
- Confidence
- Courage
- Passion and commitment
- Sense of humour
- Generosity
- Honesty and integrity
- Accepting advice
- Learn from mistakes
- Quick thinking

ACTIVITY:

As a class, have a group discussion about the importance of decision-making.

- Discuss what qualities a good decision-maker will have.
- Look at the list above – are there qualities on the list that you feel do not apply?
- Are there qualities you would like to add to the list?
- Which qualities do you think are most important and which qualities are less important?

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Your teacher will assess your participation in the group discussions using the checklist below.

Checklist for observation of group discussions			
Name:		Date:	
	Criteria: Does the learner:	Yes	No
1	Wait for a pause before s/he interrupts a speaker?		
2	Interrupt a speaker using polite phrases?		
3	Show evidence of having understood the concept under discussion?		
4	Support points with which s/he agrees?		
5	Disagree with points politely and constructively?		
6	Give reasons to support an alternative point of view?		
7	Make points clearly using appropriate vocal volume?		
8	Make eye contact when speaking?		
9	Use body language appropriately?		
10	Make notes when applicable to remember points made by others?		

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Suggested Solutions

Use the checklist in the Appendix of Assessment Tools to evaluate the learners' participation in group discussion.

Appendix of Assessment Tools

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	Criteria: Does the learner:	Yes	No
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